

Seniors Plus⁺

individual health
plans for you and your family



Seniors Plus complements your government-sponsored coverage with practical benefits to help you maintain and protect your health. Please review the plan choices and select one today.

**There are four
Seniors Plus plans.**

**Each is designed to meet your
needs for today and tomorrow.**

Seniors Plus • Plan A

Extended Health Coverage

Preferred Hospital Accommodation: Semi-private and private rooms. Up to \$50 per day up to a maximum of \$500 per participant each benefit year.

Chiropractor: Up to \$20 per visit to a maximum of \$150 per participant each benefit year for services provided by a chiropractor.

Chiropodist/Podiatrist: Up to \$12.50 per visit to a maximum of \$125 per participant each benefit year for services provided by a chiropodist or podiatrist in excess of government program maximums.

Air Ambulance: Outside Alberta but within Canada.

Blood Testing Monitor: Up to a maximum of \$150 once in any five year period.

Dental Coverage

All dental services paid according to the Alberta Blue Cross Dental Schedule.

65% **basic dental** for check-ups, cleanings, fillings, extractions and root canals to a maximum of \$500 per participant each benefit year.

Vision Care Coverage

70% coverage up to a maximum of \$150 per participant toward the purchase and repair of eyeglasses or contact lenses once every three years.

Accidental Death Benefit

\$10,000 in the event of an accidental death of a participant.

Accidental Death Benefit underwritten by the Blue Cross Life Insurance Company of Canada.

Seniors Plus • Plan B

Extended Health Coverage

Preferred Hospital Accommodation: Semi-private and private rooms. Up to \$50 per day up to a maximum of \$1,000 per participant each benefit year.

Chiropractor: Up to \$20 per visit to a maximum of \$250 per participant each benefit year for services provided by a chiropractor.

Chiropodist/Podiatrist: Up to \$12.50 per visit to a maximum of \$250 per participant each benefit year for services provided by a chiropodist or podiatrist in excess of government program maximums.

Diabetic Supplies: 70% coverage up to a maximum of \$200 per participant each benefit year.

Accidental Dental: Up to a maximum of \$1,000 for the repair, extraction or replacement of natural teeth.

Air Ambulance: Outside Alberta but within Canada.

Blood Testing Monitor: Up to a maximum of \$150 once in any five year period.

Dental Coverage

All dental services paid according to the Alberta Blue Cross Dental Schedule.

First Benefit Year

70% **basic dental** for check-ups, cleanings, fillings, extractions and root canals to a maximum of \$500 per participant.

Second and Subsequent Benefit Years

65% **extensive dental** for periodontics, dentures, crowns, bridges and implants to a combined basic and extensive dental maximum of \$850 per participant.

Please note: periodontics, dentures, crowns, bridges and implants are second year dental benefits. There is a one year waiting period for these benefits.

Vision Care Coverage

70% coverage up to a maximum of \$200 per participant toward the purchase and repair of eyeglasses or contact lenses once every three years.

Accidental Death Benefit

\$15,000 in the event of an accidental death of a participant.

Accidental Death Benefit underwritten by the Blue Cross Life Insurance Company of Canada.

Seniors Plus • Plan D



Extended Health Coverage

Preferred Hospital Accommodation: Semi-private and private rooms. Up to \$50 per day up to a maximum of \$1,500 per participant each benefit year.

Physiotherapist/Chiropractor: Up to \$25 per visit to a combined maximum of \$300 per participant each benefit year for services provided by a physiotherapist or chiropractor.

Chiropracist/Podiatrist: Up to \$15 per visit to a maximum of \$300 per participant each benefit year for services provided by a chiropracist or podiatrist in excess of government program maximums.

Diabetic Supplies: 70% coverage up to a maximum of \$200 per participant each benefit year.

Accidental Dental: Up to a maximum of \$2,000 for the repair, extraction or replacement of natural teeth.

Air Ambulance: Outside Alberta but within Canada.

Blood Testing Monitor: Up to a maximum of \$200 once in any five year period.

Dental Coverage

All dental services paid according to the Alberta Blue Cross Dental Schedule.

First Benefit Year

80% **basic dental** for check-ups, cleanings, fillings, extractions and root canals to a maximum of \$750 per participant.

Second and Subsequent Benefit Years

65% **extensive dental** for periodontics, dentures, crowns, bridges and implants to a combined basic and extensive dental maximum of \$1,350 per participant.

Please note: periodontics, dentures, crowns, bridges and implants are second year dental benefits. There is a one year waiting period for these benefits.

Vision Care Coverage

70% coverage up to a maximum of \$300 per participant toward the purchase and repair of eyeglasses or contact lenses once every three years.

Accidental Death Benefit

\$20,000 in the event of an accidental death of a participant.

Accidental Death Benefit underwritten by the Blue Cross Life Insurance Company of Canada.

Travel Coverage Discount

All Seniors Plus participants are eligible for a 10 per cent discount on Alberta Blue Cross out-of-province emergency medical travel coverage.

Health & Wellness Companion

All Seniors Plus participants are eligible to access the Alberta Blue Cross Health & Wellness Companion, a set of online health risk assessment tools and health information resources designed to help you maintain your health. This user-friendly benefit is accessible through the Alberta Blue Cross Internet web site.

Seniors Plus • Plan C

Extended Health Coverage

Preferred Hospital Accommodation: Semi-private and private rooms. Up to \$50 per day up to a maximum of \$1,500 per participant each benefit year.

Chiropractor: Up to \$25 per visit to a maximum of \$300 per participant each benefit year for services provided by a chiropractor.

Chiropracist/Podiatrist: Up to \$15 per visit to a maximum of \$300 per participant each benefit year for services provided by a chiropracist or podiatrist in excess of government program maximums.

Diabetic Supplies: 70% coverage up to a maximum of \$200 per participant each benefit year.

Accidental Dental: Up to a maximum of \$2,000 for the repair, extraction or replacement of natural teeth.

Air Ambulance: Outside Alberta but within Canada.

Blood Testing Monitor: Up to a maximum of \$200 once in any five year period.

Dental Coverage

All dental services paid according to the Alberta Blue Cross Dental Schedule.

First Benefit Year

70% **basic dental** for check-ups, cleanings, fillings, extractions and root canals to a maximum of \$600 per participant.

Second and Subsequent Benefit Years

65% **extensive dental** for periodontics, dentures, crowns, bridges and implants to a combined basic and extensive dental maximum of \$1,100 per participant.

Please note: periodontics, dentures, crowns, bridges and implants are second year dental benefits. There is a one year waiting period for these benefits.

Vision Care Coverage

70% coverage up to a maximum of \$250 per participant toward the purchase and repair of eyeglasses or contact lenses once every three years.

Accidental Death Benefit

\$20,000 in the event of an accidental death of a participant.

Accidental Death Benefit underwritten by the Blue Cross Life Insurance Company of Canada.



This brochure provides an overview of Seniors Plus plans offered by Alberta Blue Cross. It is not a contract or a complete description of all benefits.