Seniors Plus complements your government-sponsored coverage with practical benefits to help you maintain and protect your health. Please review the plan choices and select one today.

There are four Seniors Plus plans.

Each is designed to meet your needs for today and tomorrow.

Seniors Plus • Plan A

Extended Health Coverage

Preferred Hospital Accommodation: Semi-private and private rooms. Up to $50 per day up to a maximum of $500 per participant each benefit year.

Chiropractor: Up to $20 per visit to a maximum of $150 per participant each benefit year for services provided by a chiropractor.

Chiropodist/Podiatrist: Up to $12.50 per visit to a maximum of $125 per participant each benefit year for services provided by a chiropodist or podiatrist in excess of government program maximums.

Air Ambulance: Outside Alberta but within Canada.

Blood Testing Monitor: Up to a maximum of $150 once in any five year period.

Dental Coverage

All dental services paid according to the Alberta Blue Cross Dental Schedule.

65% basic dental for check-ups, cleanings, fillings, extractions and root canals to a maximum of $500 per participant each benefit year.

Vision Care Coverage

70% coverage up to a maximum of $150 per participant toward the purchase and repair of eyeglasses or contact lenses once every three years.

Accidental Death Benefit

$10,000 in the event of an accidental death of a participant.

Accidental Death Benefit underwritten by the Blue Cross Life Insurance Company of Canada.

Seniors Plus • Plan B

Extended Health Coverage

Preferred Hospital Accommodation: Semi-private and private rooms. Up to $50 per day up to a maximum of $1,000 per participant each benefit year.

Chiropractor: Up to $20 per visit to a maximum of $250 per participant each benefit year for services provided by a chiropractor.

Chiropodist/Podiatrist: Up to $12.50 per visit to a maximum of $250 per participant each benefit year for services provided by a chiropodist or podiatrist in excess of government program maximums.

Diabetic Supplies: 70% coverage up to a maximum of $200 per participant each benefit year.

Accidental Dental: Up to a maximum of $1,000 for the repair, extraction or replacement of natural teeth.

Air Ambulance: Outside Alberta but within Canada.

Blood Testing Monitor: Up to a maximum of $150 once in any five year period.

Dental Coverage

All dental services paid according to the Alberta Blue Cross Dental Schedule.

First Benefit Year

70% basic dental for check-ups, cleanings, fillings, extractions and root canals to a maximum of $500 per participant.

Second and Subsequent Benefit Years

65% extensive dental for periodontics, dentures, crowns, bridges and implants to a combined basic and extensive dental maximum of $850 per participant.

Please note: periodontics, dentures, crowns, bridges and implants are second year dental benefits. There is a one year waiting period for these benefits.

Vision Care Coverage

70% coverage up to a maximum of $200 per participant toward the purchase and repair of eyeglasses or contact lenses once every three years.

Accidental Death Benefit

$15,000 in the event of an accidental death of a participant.

Accidental Death Benefit underwritten by the Blue Cross Life Insurance Company of Canada.
Seniors Plus • Plan C

Extended Health Coverage

Preferred Hospital Accommodation: Semi-private and private rooms. Up to $50 per day up to a maximum of $1,500 per participant each benefit year.

Chiropractor: Up to $25 per visit to a maximum of $300 per participant each benefit year for services provided by a chiropractor.

Chiropodist/Podiatrist: Up to $15 per visit to a maximum of $300 per participant each benefit year for services provided by a chiropodist or podiatrist in excess of government program maximums.

Diabetic Supplies: 70% coverage up to a maximum of $200 per participant each benefit year.

Accidental Dental: Up to a maximum of $2,000 for the repair, extraction or replacement of natural teeth.

Air Ambulance: Outside Alberta but within Canada.

Blood Testing Monitor: Up to a maximum of $200 once in any five year period.

Dental Coverage

All dental services paid according to the Alberta Blue Cross Dental Schedule.

First Benefit Year
70% basic dental for check-ups, cleanings, fillings, extractions and root canals to a maximum of $600 per participant.

Second and Subsequent Benefit Years
65% extensive dental for periodontics, dentures, crowns, bridges and implants to a combined basic and extensive dental maximum of $1,350 per participant.

Please note: periodontics, dentures, crowns, bridges and implants are second year dental benefits. There is a one year waiting period for these benefits.

Vision Care Coverage

70% coverage up to a maximum of $250 per participant toward the purchase and repair of eyeglasses or contact lenses once every three years.

Accidental Death Benefit

$20,000 in the event of an accidental death of a participant.

Accidental Death Benefit underwritten by the Blue Cross Life Insurance Company of Canada.

Seniors Plus • Plan D

Extended Health Coverage

Preferred Hospital Accommodation: Semi-private and private rooms. Up to $50 per day up to a maximum of $1,500 per participant each benefit year.

Physiotherapist/Chiropractor: Up to $25 per visit to a combined maximum of $300 per participant each benefit year for services provided by a physiotherapist or chiropractor.

Chiropodist/Podiatrist: Up to $15 per visit to a maximum of $300 per participant each benefit year for services provided by a chiropodist or podiatrist in excess of government program maximums.

Diabetic Supplies: 70% coverage up to a maximum of $200 per participant each benefit year.

Accidental Dental: Up to a maximum of $2,000 for the repair, extraction or replacement of natural teeth.

Air Ambulance: Outside Alberta but within Canada.

Blood Testing Monitor: Up to a maximum of $200 once in any five year period.

Dental Coverage

All dental services paid according to the Alberta Blue Cross Dental Schedule.

First Benefit Year
80% basic dental for check-ups, cleanings, fillings, extractions and root canals to a maximum of $750 per participant.

Second and Subsequent Benefit Years
65% extensive dental for periodontics, dentures, crowns, bridges and implants to a combined basic and extensive dental maximum of $1,350 per participant.

Please note: periodontics, dentures, crowns, bridges and implants are second year dental benefits. There is a one year waiting period for these benefits.

Vision Care Coverage

70% coverage up to a maximum of $300 per participant toward the purchase and repair of eyeglasses or contact lenses once every three years.

Accidental Death Benefit

$20,000 in the event of an accidental death of a participant.

Accidental Death Benefit underwritten by the Blue Cross Life Insurance Company of Canada.

Travel Coverage Discount

All Seniors Plus participants are eligible for a 10 per cent discount on Alberta Blue Cross out-of-province emergency medical travel coverage.

Health & Wellness Companion

All Seniors Plus participants are eligible to access the Alberta Blue Cross Health & Wellness Companion, a set of online health risk assessment tools and health information resources designed to help you maintain your health. This user-friendly benefit is accessible through the Alberta Blue Cross Internet web site.

This brochure provides an overview of Seniors Plus plans offered by Alberta Blue Cross. It is not a contract or a complete description of all benefits.